

THE 36TH
JAPAN INTERNATIONAL DANCING CHAMPIONSHIPS 2015

Basic Amalgamation for Standard Final Round

FOXTROT

- | | |
|---|-----------|
| 1. Feather Step | SQQ(S) |
| 2. Bounce Fallaway With
Weave Ending | S&QQQQQQS |
| 3. Three Step | QQ(S) |
| 4. Natural Hover Telemark | SQQSQQ(S) |
| 5. 1~8 of Reverse Wave | SQQSQQSS |
| 6. Hover Feather | QQ(S) |
| 7. Fallaway Reverse and Slip pivot | SQQS |
| 8. 1~4 of Reverse Wave | SQQS |
| 9. Basic Weave | QQQQQQ(S) |
| 10. Hover Telemark to PP | SQQ(S) |
| 11. 1~3 of Feather Ending | SQQ |

(16 bars)

Continue to own amalgamation

This Amalgamation is composed of "The Ballroom Technique", published by ISTD.

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R U M B A

Commence in Open Position

- | | |
|---------------------------------------|----------------|
| 1. 1~3 of Open Basic Movement | 2341 |
| 2. 1~6 of Natural Top | 2341 2341 |
| 3. 4~6 of Hockey Stick | 2341 |
| 4. Alemana (Right to Right Hand Hold) | 2341 2341 |
| 5. Circular Hip Twist | 2341 2341 2341 |
| 6. 4~6 of Advanced Hip Twist | 2341 |
| 7. Alemanas | 2341 2341 |
| 8. Advanced Hip Twist (ending 3) | 2341 2341 |
| 9. 4~6 of Reverse Top | 2341 |
| 10. Opening Out From Reverse Top | 2341 |

(16 bars)

Continue to own amalgamation

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